



Article Enteric Methane Emissions in Dairy Cows with Different Genetic Groups in the Humid Tropics of Costa Rica

Cristóbal Villanueva^{1,*}, Muhammad Ibrahim¹ and Cristina Castillo²

- ¹ Tropical Agricultural Research and Higher Education Center, Turrialba 30501, Costa Rica
- ² Animal Pathology Department, Veterinary School, University of Santiago de Compostela, Campus of Lugo, 27002 Lugo, Spain
- * Correspondence: cvillanu@catie.ac.cr; Tel.: +506-25582148

Simple Summary: Enteric methane is the main greenhouse gas araising from livestock production, which greatly contributes to global warming. A trial was carried out with dairy cows with different genetic backgrounds to determine the effect of genetics on the emission of enteric methane. Crossbred cows (50% *Bos taurus* \times 50% *Bos indicus*) presented a lower annual emission of enteric methane compared to other cows with a greater European background. Crossbred cows had a greater adaptation to low tropical areas and a lower conversion of energy consumed to enteric methane. This knowledge contributes to the development of competitive farming with low carbon emissions.

Abstract: Enteric methane (CH₄) is one of the main greenhouse gases emitted in livestock production systems with ruminants. Among the options to reduce such emissions, animal genetics is one of the factors that is taking relevance in recent years. The aim of the present study was to assess the emission of enteric CH₄ in dairy cows with different genetic backgrounds. Sixteen cows belonging to the following three genetic groups were selected for this study: seven F1 (50% Jersey \times 50% Gyr), five Triple cross (50% Jersey \times 31% Holstein \times 19% Sahiwal) and four Jersey. Enteric CH₄ emissions were measured in all cows for 15 months, at the middle of each month, using the SF₆ technique. Enteric CH_4 emissions did not differ (p > 0.05) among genetic groups, although it varied with the stage of lactation, due to differences in milk yield and dry matter intake (DMI). Pasture DMI and the intensity of CH₄ emissions (g kg⁻¹ DMI) differed (p < 0.05) between dry and lactating cows, with higher DMI in the lactation period, while CH₄ emission intensity was higher for dry cows. Cows with the highest proportion of *Bos taurus* genes presented a higher annual mean methane conversion factor (Y_m) , with 7.22, 7.05 and 5.90% for the Triple cross, purebred Jersey and F1, respectively. In conclusion, non-significant differences in enteric CH₄ emissions and Y_m were detected among dairy cows with different genetic backgrounds. However, F1 cows tended to show lower enteric CH₄ emission and Y_m, compared to those with more Bos taurus genes.

Keywords: dry matter intake; crossbreds; emissions intensity; lactation stage; methane conversion factor; purebreds

1. Introduction

Livestock production in Central America is a relevant activity, covering more than 30% of the land, with approximately 13 million head of cattle [1], and represents the main means of life for more than 0.5 million families throughout the cattle production chain. Livestock farming plays an important role in the economy of the Central American countries, as it contributes between 8 and 38% of the Agricultural Gross Domestic Product [2]. However, in recent years, livestock farming has been associated with a series of negative environmental impacts, such as deforestation [3], soil degradation, water pollution and the reduction of biodiversity [4]. Those effects are due to poor management inefficiency of livestock



Citation: Villanueva, C.; Ibrahim, M.; Castillo, C. Enteric Methane Emissions in Dairy Cows with Different Genetic Groups in the Humid Tropics of Costa Rica. *Animals* 2023, *13*, 730. https:// doi.org/10.3390/ani13040730

Academic Editor: Marina Von Keyserlingk

Received: 4 January 2023 Revised: 21 January 2023 Accepted: 10 February 2023 Published: 17 February 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). farms, which makes them less resilient to climate change and more prone to produce higher greenhouse gas emissions.

At the global level, livestock activities contribute to an average of 14.5% of total greenhouse gas (GHG) emissions considering all emissions throughout the production chain [5]. Methane emissions in livestock systems are mainly due to the following sources: (i) CH₄ emissions from enteric fermentation; (ii) CH₄ and nitrous oxide (N₂O) emissions from manure management; (iii) direct emissions from synthetic nitrogen fertilizers; (iv) carbon dioxide (CO₂) emissions from the use of fossil fuels due to the use of agricultural machinery and equipment on the farm; and (v) CO₂ emissions from land use changes [6].

In Costa Rica, GHG emissions have reached 10,881.68 Mg CO₂e, of which 22.47% correspond to livestock activities [7]. The main source of GHG emissions in Costa Rican cattle farms with different production systems and under diverse agroecological zones is enteric CH₄, representing between 69 and 82% of total emissions [8–10]. Enteric CH₄ represents an inefficiency in the use of energy, which in general, represents between 6 and 10% loss of total gross energy consumed. In dairy cows, energy losses through enteric CH₄ emissions are comparable with the loss of 25–40 effective grazing days per year [11].

Previous studies indicate that genetic backgrounds have an influence on enteric CH₄ emissions, which might be associated with the live animal weight and level of milk production. Dos Santos Pedreira et al. [12] found that Holstein cows present higher enteric CH_4 emissions than Holstein \times Zebu crossbreds (419 vs. 376 g CH_4 cow⁻¹ day⁻¹). There is currently much interest in further studies to identify individuals within the breeds with functional characteristics for lowering enteric CH4 emissions. In addition, other studies are focused on traits with the potential for predicting CH_4 emissions, such as feed intake, feed efficiency (residual feed intake) and energy balance [13]. However, in other trials, concentrate supplementation to cows grazing high-quality species improves milk production and quality and reduces the intensity of enteric CH_4 emissions [14,15]. Other options to reduce enteric CH₄ emissions have been evaluated, for example, the inclusion of lipids in the diet and the use of nitrates, ionophores, tannins and alkaline treatments [6]. The most recent studies have found that the use of 3-nitrooxypropanol reduces enteric CH₄ emissions by 30 to 90% with no side effects on the milk yield [16–19]. A similar trend has been found with the use of red algae (Asparagopsis sp.) with reductions in CH_4 emissions of 40 to 90% and improvements in feed conversion [20-22]. The decision to implement a given strategy implies the consideration of key criteria in the production systems, such as the interaction between mitigation potential and productivity [6].

In the Central American region, highland dairy farms (at an altitude >1000 m above sea level) predominantly use breeds such as Holstein and Jersey. The first is for its higher milk production, while the second is for its milk quality (high fat content and total solids) and better adaptation on land with steep slopes [23]. In lowlands, farmers have had a greater preference for *B. indicus* × *B. taurus* dairy cows in different proportions of both genetic groups [24]. Among the *B. indicus* breeds most used in crosses are the Gyr and Brahman. This crossing ensures greater adaptation to heat stress conditions [24,25].

The objective of this study was to determine the enteric CH_4 emissions in pure-bred (*Bos taurus*) and cross-bred cows (*B. taurus* × *B. indicus*), during different stages of lactation and in the dry period, managed under grazing in the humid tropics of Costa Rica.

2. Materials and Methods

2.1. Trial Farm

This study was carried out at CATIE dairy farm, which is located in an area classified as a Very Humid Premontane Forest Life Zone [26], at an altitude of 600 m above sea level. In the research site, the temperature, annual rainfall and relative humidity were 22.9 °C, 2600 mm and 87.7%, respectively, as an average for the last five years. The study was conducted for a period of 15 months between 2016 and 2017. All procedures were accomplished in accordance with the mandatory regulations of Animal Welfare approved by the

Congress of Costa Rica on 19 January 1998 (see https://www.mep.go.cr/sites/default/files/page/adjuntos/ley-no-7451-bienestar-animal.pdf, accessed on 7 January 2023).

2.2. Cow Selection and Feeding

Sixteen cows in the first stage of lactation (< than 100 days), belonging to the following breed groups were chosen: 7 F1 (50% Jersey \times 50% Gyr), 5 Triple cross (50% Jersey \times 31% Holstein \times 19% Sahiwal) and 4 Jersey cows. Those cows were managed separately from the rest of the herd to prevent equipment damages. Those cows rotationally grazed on *Megathyrsus maximus* cv. Mombasa paddocks, with a one-day occupation period and 30 days of resting. They were also supplemented with a commercial concentrate made of soybean meal, citrus pulp (a byproduct of the orange industry), sugarcane molasses and elephant grass (*Pennisetum purpureum* Schum) cv. Taiwan (Table 1).

Table 1. Dry matter (DM) content and chemical composition of the supplements used in cows.

Feed	Dry Matter (%)	Crude Protein (%)	Neutral Detergent Fiber (%)	Digestible Energy (Mcal kg DM ⁻¹)
Concentrate	87.00	18.98	13	3.50
Soya flour	88.00	47.75	11	3.30
Citrus pulp ¹	87.00	4.00	25	2.85
Sugarcane Molasses	72.60	3.80	0	3.05
M. maximus cv. Mombasa	16.10	11.10	57.60	1.90
P. purpureum cv. Taiwan	20.60	7.00	69.00	2.10

¹ By-product of the orange industry.

The dry matter intake of the above-mentioned feed is presented in Table 2. The intake of the grass *M. maximus* cv. Mombasa managed under grazing was estimated using the chromic oxide technique [27,28]. The commercial concentrate was offered based on the level of milk yield at a 1:3 ratio (1 kg of concentrate per 3 kg of milk). The amount of other feeds consumed was estimated as the difference between the amount offered and rejected. The amounts offered for feeds different from concentrates were similar for all cows, following the farm's feeding plan.

Table 2. Daily feed intake (kg DM cow $^{-1}$) by lactating and dry (non-lactating) cows.

Food	Lactating Cows	Dry Cows
Concentrate	5.55	0.46
Soy flour	0.36	-
Citropulp ¹	1.95	0.31
Molasses	0.52	0.08
M. maximus cv. Mombasa	6.87	7.9
P. purpureum cv. Taiwan	0.81	0.55
Total	16.06	9.30

¹ By-product of the orange industry.

2.3. Measurement of Enteric Methane Emissions and Other Variables

Enteric CH₄ was quantified by using the sulfur hexafluoride (SF₆) protocol [29], as adjusted for its use in tropical regions by Berndt et al. [30]. Before starting experimental measurements, the following activities were carried out as part of the technique:

 The calibration of the emission rate of the tracer gas (SF₆) in the permeation tubes (capsules) was made by placing the tubes in an incubator at 39 °C for 12 weeks and weighed two times per week. All tubes presented a tracer gas emission curve with an R^2 of 0.999, and those with lower values were rejected. The emission rate data were also used to estimate the life span of the tube and to calculate the daily emission of enteric CH₄ per cow. Tubes registered a daily emission that varied between 3.36 and 5.05 mg day⁻¹ (average = 4.16 ± 0.07 mg day⁻¹).

- Two weeks before starting measurements, tubes were placed into the rumen using a cannula to ensure placement, in the same way that any bolus is administered.
- Two weeks before starting the trial, cows were adapted to carry a halter and a canister around the neck.
- The sampling line was adjusted to identify the critical points where they could get broken or uncoupled with cows' movements. These pieces were adjusted, and damages were reduced after making adjustments. One method used for reducing damages was to manage the cows separately in the feeding and milking parlor.

Enteric CH₄ measurements in each cow were made once a month for 15 months. Cows carried the measurement equipment for a period of 24 h each time. At the end of such period, canisters not having a pressure between 500 and 700 millibars were discarded. Moreover, two sampling lines were used as a control, for the monitoring of SF₆ and CH₄ in the environment of the paddocks, placing the equipment at 2 m height above ground, based on Berndt et al. [30].

Samples were sent to the laboratory of the National Institute for Innovation and Transfer of Agricultural Technology (INTA) of Costa Rica. Methane analysis was performed using a gas chromatographer (Agilent 7890A model) that uses flame ionization detectors (FIDs) and carbon capture electrons (ECDs). The amount of enteric CH_4 per cow (g cow⁻¹ day⁻¹) was calculated by using the following formula, as suggested by Berndt et al. [30]:

 CH_4 (g day⁻¹) = SF₆ TP × (CH₄ canister – CH₄ environment)/(SF₆ canister – SF₆ environment)

where:

 SF_6 TP = permeation rate of SF_6 from the tube (mg day⁻¹)

Methane daily emission per cow was calculated in the dry period, as well as at different stages of the lactation period (<76 days, 76–150 days and >150 days). These stages were defined accordingly to the average behavior of the lactation curves of the cows in CATIE's dairy farm as registered in the VAMPP Bovine 3.0 registry system (http://www.vampp-cr. com/, accessed on 5 February 2022). Furthermore, the annual emission of CH₄ per cow was estimated, considering the weighted emission during the three samplings within the lactation period (280 days) and the one in the dry period (85 days). The length of the dry period was the average established based on Costa Rican statistics for intensively managed dairy farms [31].

Other variables were also measured, such as cow's body weight, daily milk production, DMI of grasses consumed from the paddocks, the cut and carry forages and concentrates offered along the trial. The above-mentioned variables were used to determine the emission intensity based on milk production and DMI. In addition, the CH_4 conversion factor (enteric CH_4 energy as a percent of gross energy intake) and the Y_m per cow were estimated.

2.4. Statistical Analysis

Variables, such as daily emission of enteric CH₄, milk production and emission intensity per kilogram of milk and per kilogram of dry matter intake, were analyzed by using analysis of variance, after testing the assumptions of normality and homogeneity of variances. As the errors presented a non-normal distribution, a mixed generalized linear model with Gamma distribution and logarithmic link function was used. Breed groups and the covariates of days of lactation and live weight of the animal at the time of sampling were considered fixed effects, whereas animals were considered random effects. Fisher's LSD test was applied for the comparison of treatment means (p < 0.05) [32]. The analysis of variance was performed using general and mixed linear models to evaluate the effect of the breed and lactation period on the Y_m variable. The structure of treatments was given by the combination of the genetic group factors (with three levels: F1, Triple cross and Jersey) and lactation stages (with four levels: dry, <76 days, 76–150 and >150 days). The model included fixed effects of the factors breed and lactation stage and their interaction, the DMI covariate and the random effect of each animal. Due to the presence of heterogeneity of variances between stages of lactation, the structure of the matrix of variances and covariances was modeled considering a different variance for each level of the period. For the selection of the best model, the Bayesian (BIC) and Akaike (AIC) information criteria were used. Treatment means were evaluated using the Di Rienzo, Guzmán y Casanoves (DGC) mean comparison test (p < 0.05). Statistical analyses were performed using Infostat software [32].

3. Results

3.1. Enteric Methane Emission in Dairy Cows by Genetic Group

No significant differences (p > 0.05) in the daily enteric CH₄ emissions for breed groups were detected at the different physiological stages (dry and three lactation periods). Dry cows had the lowest enteric CH₄ emission, and during lactation, the lowest values corresponded to late lactation (>150 days). Cows with a higher proportion of *B. taurus* genes tend to present higher enteric CH₄ emissions (Table 3). The standard error of the data indicates that there were relatively large variations between cows of the same genetic group, and therefore, a larger number of animals will be needed in future trials.

Table 3. Daily enteric CH_4 emissions in dry cows and at different stages of lactation by breed group (mean + sd).

Period	F1 ¹	Triple Cross	Jersey
Non-lactating	202.96 (55.77)	250.19 (43.99)	267.44 (55.34)
Lactation stages:			
<76 days	232.74 (93.24)	350.11 (80.24)	410.30 (140.46)
76–150 days	363.86 (56.02)	385.24 (75.03)	386.48 (100.43)
>150 days	224.77 (51.83)	272.35 (51.37)	222.53 (53.25)
Annual mean	274.49 (24.15)	322.69 (29.49)	297.77 (32.42)

 1 Breed Groups: F1: 50% Jersey \times 50% Gyr; Triple cross: 50% Jersey \times 31% Holstein \times 19% Sahiwal.

Regarding to the annual emission of enteric CH₄, no significant (p > 0.05) differences were detected between breed groups. However, between 80 and 81% of the annual enteric CH₄ emissions were produced during lactation. The total annual enteric CH₄ emission varied between 91 and 111 kg cow⁻¹, with the F1 cows having the lowest emission value (Table 4).

Table 4. Annual emission of enteric CH₄ in cows according to breed group (kg cow $^{-1}$) (mean + sd).

Period	F1 ¹	Triple Cross	Jersey
Dry cow	17.25 (2.00)	21.27 (1.88)	22.73 (2.85)
Lactating cow	73.97 (14.78)	90.56 (21.29)	88.69 (22.76)
Annual emission	91.22 (12.78)	111.82 (19.41)	111.42 (19.90)

¹ Breed Groups: F1: 50% Jersey \times 50% Gyr; Triple cross: 50% Jersey \times 31% Holstein \times 19% Sahiwal.

3.2. Feed Consumption, Milk Production and Intensity of Enteric Methane Emissions

Genetic groups had no effect (p > 0.05) on dry matter intake and milk production, as well as on the intensity of emissions per unit of milk produced and unit of dry matter consumed. Differences between non-lactating cows and the ones in different lactation

stages were detected (p < 0.05) for total grass dry matter intake and the intensity of CH₄ emissions per unit of dry matter consumed. Dry matter intake was higher during lactation, whereas the enteric CH₄ emissions per unit of dry matter intake were higher for dry cows, as compared to those in lactating cows (Table 5).

Table 5. Feed consumption, milk production and CH_4 emissions in lactating and dry cows of different breed groups (mean + sd).

Lactating Cows			Dry Cows					
Variables	F1 ¹	Triple Cross	Jersey	Mean	F1	Triple Cross	Jersey	Mean
Total DMI (%BW)	3.54 (0.17) ^a	3.71 (0.19) ^a	3.91 (0.17) ^a	3.69 (0.07) ^a	1.89 (0.11) ^a	1.86 (0.12) ^a	2.19 (0.12) ^a	2.02 (0.09) ^b
Grass DMI (%BW)	1.59 (0.01) ^a	1.56 (0.01) ^a	1.56 (0.01) ^a	1.57 (0.01) ^b	1.75 (0.03) ^a	1.75 (0.03) ^a	1.74 (0.03) ^a	1.75 (0.01) ^a
Production of milk (kg cow ⁻¹ day ⁻¹)	18.19 (1.78) ^a	18.25 (1.93) ^a	17.77 (1.87) ^a	18.17 (0.57)				
CH_4 emission (g kg ⁻¹ of milk)	16.09 (4.41) ^a	17.38 (4.65) ^a	18.76 (5.71) ^a	16.95 (1.15)				
$\frac{CH_4 \text{ emission}}{(\text{g kg}^{-1} \text{ DM})}$	16.71 (4.05) ^a	19.84 (4.17) ^a	19.78 (5.54) ^a	17.82 (1.30) ^b	26.70 (7.57) ^a	29.86 (6.4) ^a	27.08 (7.52) ^a	29.40 (1.87) ^a

^{a,b} Means with different letters across rows are significantly different according to Fisher's LSD test (p > 0.05). ¹ Breed Groups: F1: 50% Jersey × 50% Gyr; Triple cross: 50% Jersey × 31% Holstein × 19% Sahiwal.

3.3. Enteric CH₄ Conversion Factor of Grazing Cows with Different Genetic Groups

Significant differences (p < 0.05) between breed groups were detected for the enteric CH₄ conversion factor (Y_m) during the dry period, but not for the lactation stages (p > 0.05; Table 6). Dry cows showed a higher Y_m, the meaning of which can be related to the quality of the diet. The enteric CH₄ conversion factor varied with lactation stages, with lower values for cows of less than 76 days, increased in those of 76–150 days, and tending to decline in the final stage of lactation (>150 days). For the annual average, cows with the highest proportion of *Bos taurus* genes presented a higher Y_m.

Table 6. Enteric CH_4 conversion factor (Y_m —%) in dry and lactating cows according to breed group (mean + sd).

Period	F1 ¹	Triple Cross	Jersey
Dry	6.9 (1.22) ^b	9.87 (1.37) ^a	10.28 (1.3) ^a
Lactation stages (days)			
<76	4.44 (0.91) ^a	6.25 (0.98) ^a	7.25 (1.27) ^a
76–150	7.11 (1.04) ^a	7.20 (1.51) ^a	6.91 (1.63) ^a
>150	5.14 (0.72) ^a	5.55 (0.84) ^a	3.79 (0.79) ^a
Mean	5.90 (0.58) ^a	7.22 (0.69) ^a	7.05 (0.73) ^a

^{a,b} Means with different letters across rows are significantly different according to Fisher's LSD test (p > 0.05). ¹ Breed Groups: F1: 50% Jersey × 50% Gyr; Triple cross: 50% Jersey × 31% Holstein × 19% Sahiwal.

4. Discussion

4.1. Enteric CH₄ Emissions in Dairy Cows

There was no evident effect of the genetic group on daily enteric CH₄ emissions; however, cows with more *Bos taurus* genes (Jersey) showed the highest values in both non-lactating (dry period) and lactating stages. This trend could be explained by the higher CH₄ conversion factor obtained for a such genetic group, as shown in Table 6. Dos Santos Pedreira et al. [12] found a similar pattern in a study with purebred Holstein cows and Holstein × Gyr (F1) cows, in which purebred cows had higher enteric CH₄ emissions in both dry and lactating periods. Dry cows emitted 261 and 238 g of enteric CH₄ day⁻¹, while in the lactation period, the corresponding values were 403 and 296 g day ⁻¹, for the Holstein and F1 cows, respectively. Purebred cows doubled the milk production yield of F1, and this influenced the greater difference in enteric CH₄ emission.

Different studies have found that enteric CH_4 emissions are related to dry matter intake, which presents the highest values in early lactation when the highest milk yield is achieved [33–35]. There is evidence that residual intake is an indirect means to reduce enteric CH_4 emissions, due to reduced intake and improved feed conversion. This functional condition of cattle can reduce enteric CH_4 emissions by 15–25% and has moderate heritability and repeatability in dairy and beef cattle [36]. Currently, there is much interest in identifying individuals within breeds with the functional characteristic of lower enteric CH_4 emission. In addition, other traits with potential for predicting CH_4 emissions are feed intake, feed efficiency (residual feed intake) and energy balance [13].

The annual emission of enteric CH₄ varied between 91 and 112 kg cow⁻¹, being 22% higher in cows with a higher proportion of *Bos taurus* genes. This trend could be explained by higher dry matter intake values. Methane emissions found in this study were higher than those recommended by the IPCC [37] at Tier 1 (default value) for lactating cows of the Latin American and Caribbean region, which is 63 kg animal ⁻¹·year⁻¹. The highest CH₄ emissions and milk yield per cow found in the present study are similar to those recommended for cows producing 6000 kg year⁻¹ in Western Europe. Emission results showed a significant gap between those found with Tier 2 and Tier 1. Wilkes et al. [38] argued that if countries want to monitor the relationship between productivity and GHG emissions with the improvements implemented in the farms, the use of levels 2 or 3 is required. This means that there is a need for generating local emission factors or for establishing an information management system in representative farms of the sector to apply the IPCC [37] Tier 2 recommended values.

4.2. Enteric Methane Emission Intensity

Although no significant statistical differences were detected for the intensity of emissions per kilogram of milk produced, this tended to be reduced by 7 and 14% as the *B. taurus* genes declined in the Triple cross and F1 cows, respectively. Such little difference is due to the low values of enteric CH₄ emissions observed in the F1 cows as compared to those obtained for the breed groups with more *Bos taurus* genes. Milk production per lactation for the three breed groups was similar, at 5041, 5055 and 5313 kg for the Jersey, F1 and Triple cross breed groups, respectively.

In other studies, the CH₄ emission intensity was higher than that obtained in this study. For example, Muñoz et al. [34], working with Holstein Friesian cows producing less than 15 kg day⁻¹ in late lactation (253 \pm 18 days), obtained values between 34 and 36 g CH₄ kg⁻¹ of milk. A similar situation was found by Van Wyngaard et al. [14], who obtained values varying between 21.1 and 35.5 g CH₄ kg⁻¹ in Jersey cows, producing between 9.1 and 18.2 kg milk day⁻¹ at 99 \pm 18 days of lactation.

The intensity of emissions is an indicator of production efficiency, which reflects the maximization of the energy consumed by cattle into milk or meat production or a lower conversion factor of gross energy to enteric CH₄. Poore and Nemececk [39] reported that there are communities interested in recognizing the efforts of producers offering products with a neutral or positive carbon footprint. It is expected that in the short and mid-term, this criterion would become a determinant for livestock products to achieve a better position in the market, in terms of acceptance by consumers.

Nevertheless, there are studies showing that a lower intensity of emissions per product does not guarantee a reduction in global warming or in the contribution to the absolute emission reduction goal. Sharma [40] reported that between 2005 and 2015, at the global level, there was an 11% reduction in CH₄ emissions per liter of milk produced, but the absolute emissions increased by 18%. This is because the big dairy companies in the world increased their operations, as well as the number of animals. This situation does not reflect a positive impact of the livestock sector on the reduction of GHG emissions. Hence, the absolute reduction of CH₄ and other GHGs implies a series of challenges for the livestock sector, such as to promote the responsible consumption of animal food sources and sustainable intensification for achieving greater production per unit of land. The

latter could lead to a reduction in herd size and the area devoted to livestock or at least to maintaining the current area. Cassandro et al. [41] and Garnsworthy [42] argue that farms have the potential to optimize the herd structure for greater profitability and lower enteric CH_4 emissions, through improvements to factors, such as milk yield per cow, energy use efficiency, reproductive parameters and the management of only the necessary cow's replacements in the farm.

When we refer to new products offered to the consumers, Brazil is the world pioneer in launching carbon-neutral meat to the market. To achieve this goal, livestock farms established silvopastoral or agro-silvopastoral systems, where the predominant species are *Urochloa brizantha* grass and timber species, such as *Eucalyptus* sp. [43]. Currently, other countries, such as Australia and New Zealand, have launched a plan to achieve carbon neutral livestock products in 2030 and 2050, respectively. In both cases, the main strategy is the management of tree cover to offset GHG emissions [44,45]. Moreover, those countries are recognizing the importance of the carbon footprint as part of the marketing strategy for sustainable food systems.

4.3. Enteric CH₄ Conversion Factor of Grazing Cows with Different Genetic Groups

In general, during the lactation period, the different breed groups showed a higher Y_m in the first two thirds of lactation, which decreased in the final third. It is likely that this trend was related to a higher DMI occurring in the first two thirds of lactation. However, for the breed groups, the Y_m was higher in non-lactating than in lactating cows, which could be related to the better quality of feeds offered to cows during the lactation period. Muñoz et al. [34] and Montenegro et al. [35] found lower Y_m values (6.2–8.1 and 6.6–7.5) in cows receiving higher amounts of concentrates. The lower values obtained by Montenegro et al. [35] might have also been influenced by the lower neutral detergent fiber content of the concentrates in the second study.

The Y_m adjusted per year was different between breeds groups; F1 cows presented a value 19 and 22% lower than that for the Jersey and Triple crossbred cows, respectively. The lowest Y_m value (6.5) obtained for the F1 cows was 10% lower than the one proposed by the IPCC [37] for dairy cattle. In contrast, the Jersey and Triple-crossbred groups showed Y_m values of 7.05 and 7.22, respectively, which are slightly higher than the IPCC reference value.

This means that the Y_m value must be adjusted according to the lactation stage, the genetic makeup and the quality of the diet fed to cows. Likewise, Montanholi et al. [46] argue that in tropical regions, *Bos taurus* cattle will be exposed to greater heat stress, resulting in lower cortisol secretion, which reduces cattle metabolic efficiency. This means that under stress conditions, there is higher residual feed consumption, which consequently increases the emission of enteric CH₄.

In the Central American region, farmers dedicated to milk production in the lowlands use cows with *B. taurus* \times *B. indicus* genetics. With this type of crossing, they have achieved an animal with greater adaptation to heat stress as a result of climate change [24]. The results of this study constitute local emission factors with the potential to be used in national GHG inventories and thereby achieve data that are more adjusted to the reality of the region's production systems [38]. In addition, they are input for the formulation of policies, design of financial mechanisms and for markets where the effort of cattle producers with low carbon emissions is valued.

5. Conclusions

The results showed that there is no significant differences in enteric CH_4 emissions and Y_m among dairy cows with different genetic backgrounds. However, F1 cows tended to show lower enteric CH_4 emission and Y_m , compared to those with more *Bos taurus* genes, and the integration of these genetic groups of animals in cattle production systems in the tropical regions might result in greater resilience to climate change and better opportunities for improving competitiveness of the systems. Author Contributions: C.V.: Conceptualization, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Visualization, Writing—original draft, Writing—review & editing. M.I.: Formal analysis, Methodology, Supervision, Visualization, Writing—review & editing. C.C.: Supervision, Visualization, Writing—review & editing. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the project entitled "Developing Competitive Livestock Production Systems with Low GHG Emissions in Central America", funded by FONTAGRO and the Government of New Zealand. Moreover, some support was obtained from the Costa Rican Low emissions Livestock Production, financed by USAID and administered by the USDA.

Institutional Review Board Statement: The management of the cows was carried out in accordance with the regulations defined by the Animal Welfare Decree approved by the Congress of Costa Rica on 19 January 1998 (see https://www.mep.go.cr/sites/default/files/page/adjuntos/ley-no-7451 -bienestar-animal.pdf, accessed on 7 January 2023).

Informed Consent Statement: Not applicable.

Data Availability Statement: The digital dataset of the present study is available from the corresponding author upon reasonable request.

Acknowledgments: We thank the technical teams of CATIE and INTA (Costa Rica) who participated in the implementation of this study and Danilo Pezo and Magdiel López for English revision of the document.

Conflicts of Interest: The authors declare no conflict of interest.

References

- FAO Stat. FAOSTAT Statistical Database 2019. Available online: http://www.fao.org/faostat/en/#data/QA (accessed on 20 May 2022).
- Acosta, A.; Valdés, A. Situación y perspectiva del sector ganadero en Centroamérica. In *Lineamientos de Política para el Desarrollo* Sostenible del Sector Ganadero; Acosta, A., Díaz, T., Eds.; Food and Agriculture Organization of the United Nations (FAO): Rome, Italy, 2014; pp. 3–22.
- 3. Austin, K. The "Hamburger Connection" as ecologically unequal exchange: A cross-national investigation of beef exports and deforestation in less-developed countries. *Rural. Sociol.* **2010**, *75*, 270–299. [CrossRef]
- Pezo, D. Tecnologías forrajeras para la intensificación de sistemas ganaderos en el contexto del cambio climático. *Rev. UTN* 2017, 78, 18–25.
- Herrero, M.; Gerber, P.; Vellinga, T.; Garnett, T.; Leip, A.; Opio, C.; Westhoek, H.J.; Thornton, P.K.; Oelsen, J.; Hutchings, N.; et al. Livestock and greenhouse gas emissions: The importance of getting the numbers right. *Anim. Feed. Sci. Technol.* 2011, 166–167, 779–782. [CrossRef]
- 6. Gerber, P.J.; Hristov, A.N.; Henderson, B.; Makkar, H.; Oh, J.; Lee, C.; Meinen, R.; Montes, F.; Ott, T.; Firkins, J.; et al. Technical options for the mitigation of direct CH₄ and nitrous oxide emissions from livestock: A review. *Animal* **2013**, *7*, 220–234. [CrossRef]
- MINAE. COSTA RICA II INFORME BIENAL DE ACTUALIZACIÓN ante la Convención Marco de la Naciones Unidas Sobre el Cambio Climático. IMN, DCC, GEF, PNUD, 2019, San José, Costa Rica. 2019. Available online: https://unfccc.int/sites/default/ files/resource/IBA-2019.pdf (accessed on 6 June 2022).
- 8. Vega, A. Análisis de Herramientas Para la Estimación de Gases de Efecto Invernadero (GEI) y su Aplicación en Sistemas de Producción Bovina Doble Propósito de la Cuenca del Río Jesús María, Costa Rica; Master's thesis, CATIE: Turrialba, Costa Rica, 2016.
- 9. Wattiux, M.A.; Iñamagua-Uyaguari, J.P.; Guerra, L.; Casasola, F.; Jenet, A. Feeding and fertilization practices and greenhouse gas emissions in specialized dairy farms of Dos Pinos in Costa Rica. *Trop. Grassl.* **2016**, *3*, 146–158. [CrossRef]
- 10. Sánchez Ledezma, W. Balance de gases de efecto invernadero en lecherías especializadas de Costa Rica. *Alcances Tecnológicos* **2018**, 12, 55–70. [CrossRef]
- 11. Eckard, R.J.; Grainger, C.; de Klein, C.A. Options for the abatement of CH₄ and nitrous oxide from ruminant production: A review. *Livest. Sci.* **2010**, *130*, 47–56. [CrossRef]
- 12. Dos Santos Pedreira, M.; Primavesi, O.; Lima, M.A.; Frighetto, R.; de Oliveira, S.M.; Berchielli, T.T. Ruminal CH₄ emission by dairy cattle in southeast Brazil. *Sci. Agric.* **2009**, *66*, 742–750. [CrossRef]
- 13. Manzanilla-Pech, C.I.V.; Gordo, D.; Difford, G.F.; Løvendahl, P.; Lassen, J. Multitrait genomic prediction of CH₄ emissions in Danish Holstein cattle. *J. Dairy Sci.* 2020, *103*, 9195–9206. [CrossRef]
- 14. Van Wyngaard, J.F.V.; Meeske, R.; Erasmus, L. Effect of concentrate level on enteric CH₄ emissions, production performance, and rumen fermentation of Jersey cows grazing kikuyu-dominant pasture during summer. *J. Dairy Sci.* **2018**, *101*, 9954–9966. [CrossRef]
- 15. Jiao, H.P.; Dale, A.J.; Carson, A.F.; Murray, S.; Gordon, A.W.; Ferris, C.P. Effect of concentrate feed level on CH₄ emissions from grazing dairy cows. *J. Dairy Sci.* 2014, *97*, 7043–7053. [CrossRef]

- 16. Reynolds, C.K.; Humphries, D.J.; Kirton, P.; Kindermann, M.; Duval, S.; Steinberg, W. Effects of 3-nitrooxypropanol on CH₄ emission, digestion, and energy and nitrogen balance of lactating dairy cows. *J. Dairy Sci.* **2014**, *97*, 3777–3789. [CrossRef]
- Hristov, A.N.; Oh, J.; Giallongo, F.; Frederick, T.W.; Harper, M.T.; Weeks, H.L.; Branco, A.F.; Moate, P.J.; Deighton, M.H.; Williams, S.R.O.; et al. An inhibitor persistently decreased enteric CH₄ emission from dairy cows with no negative effect on milk production. *Proc. Natl. Acad. Sci. USA* 2015, 112, 10663–10668. [CrossRef]
- Duin, E.C.; Wagner, T.; Shima, S.; Prakash, D.; Cronin, B.; Yáñez-Ruiz, D.R.; Duval, S.; Rümbeli, R.; Stemmler, R.T.; Thauer, R.K.; et al. Mode of action uncovered for the specific reduction of CH₄ emissions from ruminants by the small molecule 3-nitrooxypropanol. *Proc. Natl. Acad. Sci. USA* 2016, 113, 6172–6177. [CrossRef]
- Vyas, D.; McGinn, S.M.; Duval, S.M.; Kindermann, M.K.; Beauchemin, K.A. Optimal dose of 3-nitrooxypropanol for decreasing enteric CH₄ emissions from beef cattle fed high-forage and high-grain diets. *Anim. Prod. Sci.* 2016, *58*, 1049–1055. [CrossRef]
- Roque, B.M.; Salwen, J.K.; Kinley, R.; Kebreab, E. Inclusion of *Asparagopsis armata* in lactating dairy cows' diet reduces enteric CH₄ emission by over 50 percent. *J. Clean. Prod.* 2019, 234, 132–138. [CrossRef]
- Kinley, R.D.; Martinez-Fernandez, G.; Matthews, M.K.; de Nys, R.; Magnusson, M.; Tomkins, N.W. Mitigating the carbon footprint and improving productivity of ruminant livestock agriculture using a red seaweed. J. Clean. Prod. 2020, 259, 120836. [CrossRef]
- Roque, B.M.; Vengas, M.; Kinley, R.D.; de Nys, R.; Duarte, T.L.; Yang, X.; Kebreab, E. Red seaweed (*Asparagopsis taxiformis*) supplementation reduces enteric CH₄ by over 80 percent in beef steers. *PLoS ONE* 2021, *16*, e0247820. [CrossRef]
- Ruiz-Jaramillo, J.I.; Vargas-Leitón, B.; Abarca-Monge, S.; Hidalgo, H.G. Efecto del estrés calórico sobre la producción del ganado lechero en Costa Rica. Agron. Mesoam. 2019, 30, 733–750. [CrossRef]
- 24. Vargas Leitón, B.; Solís Guzmán, O.; Sáenz Segura, F.; León Hidalgo, H. Caracterización y clasificación de hatos lecheros en Costa Rica mediante análisis multivariado. *Agron. Mesoam.* **2013**, *24*, 257–275. [CrossRef]
- Letelier, P.; Aguirre-Villegas, H.A.; Chacón Navarro, M.; Wattiaux, M.A. Milk, meat, and human edible protein from dual-purpose cattle in Costa Rica: Impact of functional unit and co-product handling methods on predicted enteric methane allocation. *Livest. Sci.* 2022, 263, 105013. [CrossRef]
- 26. Holdridge, L. Ecología Basada en Zonas de Vida; Instituto Interamericano de Ciencias Agrícolas: San José, Costa Rica, 1989.
- 27. Mejía, H.J. Consumo Voluntario de Forrajes en Pastoreo. Instituto de Ciencias Agrícolas, Universidad de Guanajuato, México. *Acta Univ.* **2002**, *12*, 56–65.
- 28. Rodriguez, N.M.; Simoes Saliba, E.O.; Guimaraes Junior, R. Uso de indicadores para estimar el consumo y digestibilidad de pasto. LIPE, lignina purificada y enriquecida. *Rev. Col. Cienc. Pec.* 2007, 20, 518–525.
- 29. Johnson, K.A.; Johnson, D.E. CH₄ emissions from cattle. J. Anim. Sci. 1995, 73, 2483–2492. [CrossRef]
- Berndt, A.; Boland, T.M.; Deighton, M.H.; Gere, J.I.; Grainger, C.; Hegarty, R.S.; Iwaasa, A.D.; Koolaard, J.P.; Lassey, K.R.; Luo, D.; et al. *Guidelines for Use of Sulphur Hexafluoride (SF₆) Tracer Technique to Measure Enteric CH₄ Emissions from Ruminants;* Lambert, M., Ed.; New Zealand Agricultural Greenhouse Gas Research Centre: Wellington, New Zealand, 2014. [CrossRef]
- CNPL. Estadísticas Nacionales de Comercio de Leche 2019. Available online: http://proleche.com/comercio-internacional/ (accessed on 15 February 2022).
- Di Rienzo, J.; Casanoves, F.; Balzarini, M.; Gonzalez, L.; Tablada, M.; Robledo, C. InfoStat Versión 2019 (en línea). Centro de Transferencia InfoStat, FCA, Universidad Nacional de Córdoba, Argentina. Available online: http://www.infostat.com.ar (accessed on 10 May 2022).
- Grainger, C.; Clarke, T.; McGinn, S.M.; Auldist, M.J.; Beauchemin, K.A.; Hannah, M.C.; Waghorn, G.C.; Clark, H.; Eckard, R.J. CH₄ emissions from dairy cows measured using the sulfur hexafluoride (SF₆) tracer and chamber techniques. *J. Dairy Sci.* 2007, 90, 2755–2766. [CrossRef]
- 34. Muñoz, C.; Hube, S.; Morales, J.; Yan, T.; Ungerfeld, E. Effects of concentrate supplementation on enteric CH₄ emissions and milk production of grazing dairy cows. *Livest. Sci.* **2015**, 175, 37–46. [CrossRef]
- 35. Montenegro Ballestero, J.; Barrantes Guevara, E.; Ivankovich Cruz, S. Cuantificación de metano entérico según estado fisiológico en vacas lecheras de alta producción en Costa Rica. *Agron. Costarric.* **2020**, *44*, 79–92. [CrossRef]
- Basarab, J.A.; Beauchemin, K.A.; Baron, V.S.; Ominski, K.H.; Guan, L.L.; Miller, S.P.; Crowley, J.J. Reducing GHG emissions through genetic improvement for feed efficiency: Effects on economically important traits and enteric CH₄ production. *Animal* 2013, 7, 303–315. [CrossRef]
- IPCC. Guidelines for National Greenhouse Gas Inventories; The National Greenhouse Gas Inventories Programme: Hayama, Japan, 2006.
- Wilkes, A.; Reisinger, A.; Wollenberg, E.; van Dijk, S. Measurement, Reporting and Verification of Livestock GHG Emissions by Developing Countries in the UNFCCC: Current Practices and Opportunities for Improvements; Global Research Alliance, CGIAR, CCAFS, CCAFS Report No. 17; CCAFS: Wageningen, The Netherlands, 2017.
- Poore, J.; Nemececk, T. Reducing food's environmental impacts through producers and consumers. Science 2018, 360, 987–992. [CrossRef]
- 40. Sharma, S. Milking the Planet: How Big Dairy is Heating up the Planet and Hollowing Rural Communities. 2020. Available online: http://www.iatp.org/emissions-impossible (accessed on 10 April 2022).
- 41. Cassandro, M.; Mele, M.; Stefanon, B. Genetic aspects of enteric CH₄ emission in livestock ruminants. *Ital. J. Anim. Sci.* **2013**, *12*, 450–458. [CrossRef]
- 42. Garnsworthy, P.C. Reducing the environmental impact of animal production. Arch. Latinoam. De Prod. Anim. 2018, 26, 1–6.

- 43. Villa Alves, F.; Giolo de Almeida, R.; Laura, V.A. *Carne Carbono Neutro: Um Novo Conceito Para Carne Sustentável Produzida nos Trópicos*; Embrapa, Documentos 210; Embrapa: Brasilia, Brazil, 2015.
- 44. Case, B.; Ryan, C. An Analysis of Carbon Stocks and Net Carbon Position for New Zealand Sheep and Beef Farmland; Department of Applied Ecology, School of Science, Auckland University of Technology: Auckland, New Zealand, 2020.
- MLA. The Australian Red Meat Industry's Carbon Neutral by 2030 Roadmap: Meat & Livestock Australia; RMAC: Sydney, Australia, 2020.
- Montanholi, Y.R.; Swanson, K.C.; Palme, R.; Schenkel, F.S.; McBride, B.W.; Lu, D.; Miller, S.P. Assessing feed efficiency in beef steers through feeding behavior infrared thermography and glucocorticoids. *Animal* 2010, 4–5, 692–701. [CrossRef] [PubMed]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.